

Wellness G.I.F.T.S.

“Giving Inspiration For the Soul”

Rochester Area Day Retreat

Wellness GIFTS is a not-for-profit organization dedicated to families who care for children having special needs. Our camping retreats provide respite, educational, and social opportunities for caregivers while their special needs family members enjoy supervised recreational activities.

Wellness GIFTS incorporated in 1999 has been providing retreats for ten years in Bath NY. We are pleased to announce the first “day camp” being offered in the Rochester NY area on Sunday, October 3, 2010.

Who Attends:

Families with children 0-17 years having developmental disabilities such as autism, cerebral palsy, Downs Syndrome, and other neurological impairments.

Where: Rochester Rotary Sunshine Camp, Rush, New York

When: Sunday, October 3, 2010
10:00 am till 6:00 pm

Assistants: Volunteer college students and community members provide respite all day during this camping experience

Morning and Afternoon programming for campers .

Educational programming for parents

Lunch and Dinner

Fun with food activities, recreational activities, campfire, and fun for the entire family

Wellness GIFTS 2010 Retreat Theme: “Fun with Food”

To register, questions and concerns, please contact us at

607-776-3737

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